DASS

Scoring Template

S
A
D
A

D
S
A
S
A

D
S
S
D
S

A
D
D
S
A

A
D

For the full (42-item) DASS, apply template to both sides of the sheet and sum the scores for each scale.
For the DASS21, apply template to the sheet, sum the scores, and multiply the sums by 2.
For the DASS-Y, apply template to the sheet and sum scores. For more, see FAQ#30 on DASS website.